Cluster Level. Hospital and primary care clinics assessed for eligibility (N = 12)

Excluded (n = 0)

Randomized (N = 12)

Cluster Allocation

Allocated to Control (n = 6)

Allocated to Experimental (n = 6)

Patient Enrollment = 255

Invite letter sent = 866 (Unable to reach = 304)
Contacted = 562 (65% of 866)
Declined = 69 (12%)
Ineligible = 180 (32%)

(age = 5, diagnosis = 72, language = 28, co-morbidity = 13, other Rx = 40, administrative issue = 21)
Eligible recruited = 255 (45%)
Eligible did not attend appointment = 57 (10%)

Patients n = 124

Week 1
Completed n = 98 (70%)
Lost to follow-up n = 26 (21%)

Week 4
Completed n = 79 (64%)
Lost to follow-up n = 42 (34%)
Drop out n = 3 (2%)

Week 12
Completed n = 78 (63%)
Lost to follow-up n = 43 (35%)
Drop out n = 3 (2%)

Week 24
Completed n = 99 (80%)
Lost to follow-up n = 20 (16.1%)
Drop out n = 5 (4.0%)

Patients n = 131

Week 1
Completed n = 98 (75%)
Lost to follow-up n = 30 (23%)
Drop out n = 2 (2%)

Week 4
Completed n = 92 (70%)
Lost to follow-up n = 36 (28%)
Drop out n = 2 (2%)

Week 12
Completed n = 95 (73%)
Lost to follow-up n = 33 (25%)
Drop out n = 2 (2%)

Week 24
Completed n = 108 (82.4%)
Lost to follow-up n = 19 (14.5%)
Drop out n = 4 (3.1%)